

# Arts

# Athletics

# Academics

# FAITH



## Newsletter

### March 2018

### A Message from the Principal

Dear Families:

We have many great things happening at St. Joe's that give us reason to celebrate our successes as a Panther family. We began our Lenten season together with an Ash Wednesday liturgy and the reminder of this being the season of inner transformation. We then had our annual youth symposium, hosted by the Cornwall police, with guest speaker Peter Katz, who shared his message of hope and willingness to experience some discomfort for positive growth to happen. We have also just welcomed back students from their mission trip in Guatemala. These are great examples of how we are constantly encouraging our students to strive for their personal best. Please mark your calendar and join us for the annual Bishop Cup game on March 7th at the Civic Complex to cheer on our Panthers and support the St. Vincent de Paul Society.

As a reminder, the Ontario Secondary School Literacy Test will take place on April 10th for our grade 10 students. If your child is scheduled to write this year, please ensure no appointments are on this day, as it is the only opportunity to write this year and is a requirement for graduation. Our teachers have been working hard with our students since the beginning of the year and they are well-prepared.

To all of our families, we pride ourselves on keeping the lines of communication open. Please do not hesitate to contact us if you have any questions or concerns. On behalf of all staff, we wish you a restful Winter Break.

Yours in Catholic Education,  
Renee Rozon

### Panthers show skilled success

Congratulations goes out to all our Panthers who participated in the Eastern Ontario Skills competition last month at St Lawrence College.

Our students competed in Photography, Video, Small Engines, Welding and Automotive technician. St. Joe's students Cameron Forrester and Dante Mitchell took home a silver.



*Pictured are video winners Cameron Forrester and Dante Mitchell*

# SJOSS

# NEWS



## Bishop Cup set for March 7

### All proceeds to the St. Vincent de Paul Society

Panthers will be on the prowl on March 7th at the Cornwall Civic Complex as the boys hockey team takes on the Holy Trinity Falcons. The puck drops at 6:30 pm. Come out and support our Panthers as they defend their title as Cornwall's hockey champions! Admission is \$2 and all proceeds will be donated to the St. Vincent de Paul Society.



## Guidance

Now that all students are well into second semester, it is time to start thinking about courses for next year. Course selections for all students should be completed by the March break. The guidance department will be visiting with all classes to help students choose their courses carefully to ensure they have the right pre-requisites for their post-secondary study. Students are asked to book a guidance appointment if they require further support for their course selections. All students should also be using "My

Blueprint" to help with the course selection process.

All Grade 12 students will begin to hear from the universities and colleges that they applied to in the near future. Students are reminded to check their application file to ensure everything is in order. Also, many universities and colleges require additional information from students such as residence information. Please be aware that this information must be submitted by the required due date. Finally, an ongoing reminder to all grade 12 students to hand in their community hours as soon as possible.

## Business High Skills completes certification

The Business High Skills Major program is off and running. We have completed our certifications. We are now deciding on Business High Skills Major clothing that can be worn during different activities. We considering a trip to Toronto.

All those interested should speak to Mrs. McArthur in room 213. If you are interested in joining the Business Specialist High Skills Major, speak to Mrs. McArthur or Ms. McCormick or Mr. Krol in Guidance.

# SJOSS

# NEWS



## Chaplaincy news

Teen Alpha continues each Tuesday throughout the month of March (except March break). Students are welcome to participate in room 206 at lunch hour. Bring a friend, an open mind and come enjoy a free lunch too!

Throughout the month of March, our religion classes will be partaking in various prayer services in the Chapel on the meaning of Lent and what this means to us in our personal lives as we take this season to prepare for the great feast of Easter.

### Mission Team News

Thank you to everyone for your support this past year for our Mission Team. Ms. Gelinas-Beckstead and the team had a wonderful time in Guatemala. It certainly was a life changing experience. We thank our Lord for this opportunity to share our gifts and talents with our brothers and sisters around the world.

### *Lenten Prayer for Spiritual Renewal*

God, heavenly Father, look upon me and hear my prayer during this holy Season of Lent. By the good works You inspire, help me to discipline my body and to be renewed in spirit. Without You I can do nothing.

By Your Spirit help me to know what is right and to be eager in doing Your will. Teach me to find new life through penance. Keep me from sin, and help me live by Your commandment of love. God of love, bring me back to You. Lord, during this Lenten Season, nourish me with Your Word of life and make me one with You in love and prayer. Fill my heart with Your love and keep me faithful to the Gospel of Christ. Give me the grace to rise above my human weakness. Give me new life by Your Sacraments, especially the Mass. Father, our source of life, I reach out with joy to grasp Your hand; let me walk more readily in Your ways. Guide me in Your gentle mercy, for left to myself I cannot do Your Will. Father of love, source of all blessings, help me to pass from my old life of sin to the new life of grace. Prepare me for the glory of Your Kingdom. Amen.

Adapted: ([http://www.bc.edu/content/dam/files/top/church21/pdf/Lenten\\_prayers.pdf](http://www.bc.edu/content/dam/files/top/church21/pdf/Lenten_prayers.pdf))

Peace in Christ during this Lenten Season!

*Gordie Van Putten, Chaplaincy Leader*



*A solid investment toward a promising Health Care Career!*



*You have two hands...  
One to help yourself, one to help others.*



# CDSBEO

## PSW PROGRAM

Same certification,  
big cost savings!

### College Program

OCAS Application	\$95
Tuition (Per Semester)	\$2,607
Ancillary Fees (Per Semester)	\$1,025
Books	\$650
Supplies/Uniform	\$700
*program runs one full school year	

**Tuition Total: \$5,077**

### CDSBEO Program

Fees include:

- Course materials & books
- 6 month program
- Option to gain maturity and high school credits toward diploma

**Tuition fee \$1,500**

Participate in this course for only \$1,500 and qualify to complete within 5 months!

*Upon successful completion of the PSW program, you will be certified to be a Personal Support Worker in the province of Ontario.*

September and February program intake.

Visit [www.coned.cdsbeo.on.ca](http://www.coned.cdsbeo.on.ca) for full program details and information on how to register.



CATHOLIC DISTRICT SCHOOL  
BOARD OF EASTERN ONTARIO

# 613.284.2613

[www.coned.cdsbeo.on.ca](http://www.coned.cdsbeo.on.ca)

Eye on

SPORTS



## Girls hockey posts undefeated season

The senior girls hockey Panthers took the SD&G title which capped off an undefeated season. Good luck at EOSSAA, girls.



## Junior girls volleyball SD&G Champs

Congratulations to our Junior Girls Volleyball team on defeating Holy Trinity to be named SD&G AA Champions



## Boys Basketball has successful season

Our senior boys basketball team finished in second place in their EOSSAA tournament capping off a great season!



## Pink Day fashion

St. Joe's students and staff dressed in pink on Feb. 28 to bring awareness and support anti-bullying day.

# Register in our Specialist High Skills Majors

If your son or daughter has an interest in Business, Transportation or Hospitality and Tourism, we encourage him or her to discover what we offer as a Specialist High Skills Major. Focusing on something that you like and are good at is encouraged at St. Joe's. With the Transportation, Business and Hospitality and Tourism SHSM, students can focus on these areas during their gr.11 and 12 years. The SHSM will allow them to graduate with a special seal on their diploma that is recognized by many colleges, universities and businesses. This special diploma can most certainly open doors for your child upon graduating.

# Things to Remember

## It's time to register....

We are now accepting registrations but spaces are filling fast. If you know of someone who would like to attend St. Joseph's in September, please make sure they call and book an appointment soon. We have very little space left.

We offer a wide range of courses in all subject areas including such special areas as transportation, design technology, music, arts, hospitality and tourism.

New registrants are to make an appointment with Mr. Andy Krol or Mrs. Liz McCormick in the Guidance dept.

## ATTENDANCE:

Just a reminder that regular attendance is the key to academic success. Please ensure that your child attends on a daily basis.

Our student success team meets on a monthly basis to review individual student attendance records. When a child is struggling to attend school, a plan is put into place to support that child.

Reaching out to the school when your son or daughter struggles is a must. We are more than happy to support and help however we can. Just give us a call.

## Honour roll students

Honour roll students – Congratulations to all of our students who had a 75% or over average first semester.

Those students were recognized with a letter and bumper sticker.

We are super proud of all of our hard working and dedicated honor roll students. At St. Joe's, we continue to strive for our very best!