

ST. JOSEPH CATHOLIC SECONDARY SCHOOL
COURSE OUTLINE



Name of Course: Outdoor Education (PAD 40)

Course Prerequisite Any Grade 9 or 10 physical education class

Course Description: This course focuses on the introduction of students to a variety of outdoor education scenarios. Students will have the opportunity to participate in activities that they are not exposed to on a daily basis. They will learn about canoeing, camping, orienteering, rock climbing, knot tying, archery and winter activities.

Catholic Graduate Expectations:

Outdoor Education challenges students to understand the importance of human movement and factors that affect the development of all humans. Students work as interdependent team members to critically assess material and present it to their peers. Students show initiative and leadership in the development of projects and activities for youth. This Course Profile will challenge students to be sensitive to others and accept that each individual is a gift from God with something to offer. Christian beliefs are reinforced as students analyse the relationship of society and culture in sports. Students accept accountability for themselves and their actions as they set and achieve goals. Class debates and discussions contribute to the understanding and acceptance of others and of others' ideas and opinions.

Units of Study

Unit 1	Canoeing/Camping
Unit 2	Orienteering
Unit 3	Rock Climbing
Unit 4	Wilderness First Aid
Unit 5	Archery
Unit 6	Winter Activities

**ST. JOSEPH CATHOLIC SECONDARY SCHOOL
COURSE OUTLINE**



--	--

Evaluation

70%	30%
Knowledge/Understanding	Culminating Task and Exam
Thinking/Inquiry	
Communication	
Application	

Course Resources Required:

For a detailed course description of this course, please visit
<https://www.edu.gov.on.ca/eng/curriculum/secondary/subjects.htm>